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RUTLAND

COUNTY

COUNCIL

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REPORT

of the

HEALTH & WELFARE SERVICES

and

SCHOOL HEALTH SERVICE

1969

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STAFF

County Medical Officer of Health
County Welfare Officer
Principal School Medical Officer

R.A. Matthews, M.B.,B.S.,M.R.C.S., L.R.C.P.,D.P.H.

Deputy County Medical Officer of Health

W.L. Palmer

Chief Clerk/Ambulance Officer

E.B. Pearson

Mental Welfare Officer

D.D. Smith

Social Welfare Officer

Mrs. B. Townrow

Home Help Organiser

Mrs. B.D. Pearson

Superintendent Nursing Officer

Miss M.B. Welsh

Health Visitors

Mrs. J. Brady
Mrs. M. Nelson
Miss K. Robinson

Nurse/Midwives

Miss E. Bell
Mrs. L. Cooper
Miss R. Hackett
Miss N. Joyce
Miss D. Lawrance
Mrs. B. Williamson

Relief Nurse

Mrs. J. Sharples.

Adult Training Centre

J. Green
J. Shingleton
Mrs. M. Tallentire

Junior Training Centre

W. Lindley
Miss M. Abbott
Mrs. D. Freer
Mrs. K. Witts

Administrative Assistant

A. Beaver

Clerk/Typists

Miss J. Coltman
Miss R. Mamos
Mrs. A. Twynham

Ambulance Control Clerk

Miss J. Griggs

Principal School Dental Officer

Miss J.G. Campbell

Dental Attendants

Mrs. E. Hollis
Miss S. Mann

School Nurse

Miss M. Chetwynd

Speech Therapist

Mrs. T. Randall

School Oculist

N.S. Batheja

School Orthoptist

Miss E. Bacon

To the Chairman and Members of the Health and Welfare Committee

Madam Chairman, Ladies and Gentlemen,

I have the honour to present my Annual Report for 1969 covering both Health and Welfare Services.

The birth rate in Rutland fell during 1969 but was still slightly above the national rate for England and Wales. It is gratifying to note that the number of illegitimate live births (expressed as a percentage of total live births) was down compared to the previous year and is again well below the national figure of 8.4. The Peterborough Diocesan Moral Welfare Council undertook moral welfare work within the County and during 1969 had no occasion to make use of a Mother and Baby Home. It would therefore appear that our society is becoming more enlightened and that pregnancy in the unmarried no longer carries the stigma that necessitated confinement in the seclusion of a home for unmarried mothers. The majority of unmarried mothers now elect to have their confinements in the normal maternity hospital and subsequently retain and care for their infants.

There was a slight increase in deaths from all causes during the year and the most significant increase was in deaths due to Cancer of the Lung. In 1969 compared to the previous year twice as many Rutland residents died of this largely preventable disease. I regret that I must admit that anti-smoking propaganda is having little or no effect.

Attempts to recruit a registered chiropodist have failed as in previous years but the services provided by the voluntary organisations continue to expand.

At the beginning of the year the purpose built old persons home at Ketton became operative and residents were transferred from the annexe at Lonsdale House. This annexe was then to become a boarding house for the Rutland Girls High School.

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The other major event of the year in the field of Health and Welfare was the completion of the purpose built County Training Centre incorporating both the Adult and Junior Training Centres. The Adult Centre became operative in April 1969 and in addition to the mentally handicapped trainees, (hitherto in attendance at the temporary Adult Training Centre), it was possible to admit a limited number of physically handicapped adults. This integration was successful and gave rise to no problems and all trainees are eligible for the incentive bonus scheme. The Manager of the Adult Training Centre was seconded for the one year diploma course for Teachers of Mentally Handicapped Adults. In his absence the Supervisor of the Junior Training Centre undertook responsibility for both Centres.

Finally I would like to acknowledge the help and encouragement I have received from the Chairman and Members of the Health and Welfare Committee and to thank all members of the staff for their support during the year. I am particularly indebted to Dr. Palmer, Deputy County Medical Officer, for the compilation of this Report. At this time I would also like to acknowledge the immense help given to me by the voluntary organisations in Rutland.

I have the honour to be,

Your obedient Servant,

R.A. MATTHEWS

County Medical Officer of Health
and County Welfare Officer

ANNUAL REPORT FOR 1969

GENERAL STATISTICS

Area of Administrative County (in acres)	97,273
Population (Registrar General's Estimate 1969)	29,860
Rateable Value (1st April 1969)	£847,937
Product of a Penny Rate (Estimated)	£3,385

VITAL STATISTICS

	Rutland	England & Wales
Live Births		
Number	473	
Rate per 1,000 population crude 15.8 corrected	16.6	16.3
Illegitimate Live Births (per cent of total live births)	4.7	
Stillbirths		
Number	6	
Rate per 1,000 total live and stillbirths	13.0	13.0
Total Live and Stillbirths	479	
Infant Deaths (deaths under one year)	8	
Infant Mortality Rates		
Total infant deaths per 1,000 total live births	17.0	18.0
Legitimate infant deaths per 1,000 legitimate live births	16.0	17.0
Illegitimate infant deaths per 1,000 illegitimate live births	45.0	25.0
Neo-natal Mortality Rate (deaths under four weeks per 1,000 total live births)	13.0	12.0
Early Neo-natal Mortality Rate (deaths under one week per 1,000 total live births)	13.0	10.0
Perinatal Mortality Rate (stillbirths and deaths under one week combined per 1,000 total live and stillbirths)	25.0	23.0
Deaths		
All causes	334	
Death rate per 1,000 population Crude	11.2	11.9
Corrected	12.0	11.9

CAUSES OF DEATH - 1969

	Male	Female
Enteritis	-	1
Tuberculosis of respiratory system	1	-
Other infective diseases	2	-
Malignant neoplasm - Oesophagus	1	1
Malignant neoplasm - stomach	3	2
Malignant neoplasm - intestine	3	2
Malignant neoplasm - lung, bronchus	16	5
Malignant neoplasm - breast	-	5
Malignant neoplasm - uterus	-	1
Malignant neoplasm - prostate	2	-
Leukaemia	3	-
Other malignant neoplasms	4	9
Diabetes mellitus	6	-
Other endocrine etc. disorders	-	2
Anaemias	1	-
Other diseases of nervous system	4	4
Chronic rheumatic heart disease	2	3
Hypertensive disease	2	2
Ischaemic heart disease	41	27
Other forms of heart disease	11	9
Cerebrovascular disease	27	27
Other diseases of circulatory system	5	12
Influenza	6	3
Pneumonia	10	11
Bronchitis and emphysema	11	4
Asthma	1	-
Peptic ulcer	1	1
Cirrhosis of liver	-	1
Other diseases of digestive system	3	2
Hyperplasia of prostate	1	-
Other disease, genito urinary system	1	-
Other disease, musculo-skeletal system	-	1
Congenital anomalies	1	1
Birth injury	-	2
Other causes of perinatal mortality	2	1
Symptoms and ill defined conditions	3	3
Motor vehicle accidents	5	1
All other accidents	4	5
Suicide and self inflicted injuries	1	1
All other external causes	1	-
	185	149

CARE OF MOTHERS AND YOUNG CHILDREN

Child welfare sessions, other than at general practitioner's premises were as follows:-

Cottesmore Aerodrome.	2nd and 4th Thursdays	2.30-3.30 p.m.
Edith Weston Aerodrome.	Alternate Mondays	1.45-3.30 p.m.
Ketton Methodist Church Hall.	1st and 3rd Tuesdays	2.00-3.30 p.m.
Langham Village Hall.	1st and 3rd Fridays	2.30-3.30 p.m.
Oakham - Vale of Catmose Village College.	1st Tuesdays	2.30 p.m.
Ryhall Village Hall.	1st and 3rd Thursdays	2.30-4.00 p.m.
Uppingham Church Rooms.	2nd and 4th Fridays	2.30-4.00 p.m.
Whissendine Village Hall.	3rd Wednesdays	3.00-4.00 p.m.

Number of children who attended during the year:-

Born in		
1969	1968	1964 - 67
574	497	246

Observation Register

There were 107 names on the register at the end of the year, these being children for whom special attention during development was considered necessary.

Congenital Abnormalities

All congenital abnormalities noted at birth continued to be classified and a return of cases was made monthly to the General Register Office. The object of the scheme is to compile statistical information, some of which will be published regularly in the Registrar General's returns, from which it should be possible to detect any national or regional changes in the pattern.

Care of Unmarried Mothers

This work is undertaken for the County Council by the Peterborough Diocesan Council whose Moral Welfare Worker investigates all applications for help and arranges for admission to a home for unmarried mothers, and the adoption of the baby where necessary. 13 cases were dealt with during the year.

DENTAL SERVICE FOR EXPECTANT MOTHERS AND NURSING MOTHERS AND CHILDREN

NUMBER TREATED

	Expectant and Nursing Mothers	Children 0-4 (inclusive)
Number of persons examined during the year	59	102
Number of persons who commenced treatment during the year	47	65
Number of courses of treatment completed during the year	29	42

TREATMENT PROVIDED

	Expectant and Nursing Mothers	Children 0-4 (inclusive)
Scalings and gum treatment	16	10
Fillings	89	90
Extractions	8	45
General Anaesthetics	2	17

DENTURES PROVIDED

	Expectant and Nursing Mothers	Children 0-4 (inclusive)
Full upper or lower	-	-
Partial upper or lower	6	-

Treatment was given at the central clinic at the County Offices and in the Dental Caravan. There were 40 sessions devoted to maternity and child welfare patients during the year.

COUNTY NURSING SERVICE

(Sections 23 & 25 N.H.S. Act)

CASES

	OAKHAM	KETTON	MARKET OVERTON	LANGHAM	UPPINGHAM(E)	UPPINGHAM (W)	TOTAL
Midwifery	10	15	12	5	5	11	61
General (new cases)	65	74	28	78	70	64	379

VISITS

	OAKHAM	KETTON	MARKET OVERTON	LANGHAM	UPPINGHAM (E)	UPPINGHAM (W)	TOTAL
Midwifery	293	502	654	224	269	713	2,655
General	1095	1482	837	1069	1189	1308	6,980

PREMATURE LIVE BIRTHS	2lbs. 3ozs. or less	Over 2lbs. 3ozs. up to and including 3lbs. 4ozs.	Over 3lbs. 4oz. up to and including 4lbs. 6ozs.	Over 4lbs. 6ozs up to and including 4lbs. 15ozs.	Over 4lbs. 15ozs. up to and including 5lbs. 8ozs.
BORN IN HOSPITAL					
Total Births	1	2	1	4	6
Died within 24 hours of birth	-	2	-	-	-
Died between 1 and 7 days	-	-	-	-	-
Died between 7 and 28 days	-	-	-	-	-
BORN AND NURSED AT HOME OR IN A NURSING HOME					
Total Births	-	-	1	1	-
Died within 24 hours of birth	-	-	-	-	-
Died between 1 and 7 days	-	-	-	-	-
Died between 7 and 28 days	-	-	-	-	-
BORN AT HOME AND TRANSFERRED TO HOSPITAL ON OR BEFORE 28TH DAY	-	-	-	-	-
PREMATURE STILLBIRTHS IN HOSPITAL	1	-	2	-	-

Domiciliary Midwifery

There were 61 confinements at home and 429 in hospitals, a ratio similar to that of the preceeding few years; there seems no reason to expect that the trend to hospital, at the expense of domiciliary delivery will be reversed. Discussions with the hospital authorities have started with the aim of enabling district midwives to deliver their patients in the local maternity hospital.

Staff Meetings

Regular staff meetings were held and occasionally medical films were shown.

HEALTH VISITING

Cases Visited by Health Visitor	Number of Cases
Children born in 1969	494
Children born in 1968	309
Children born from 1964-67	625
Total number of children in lines 1-3	1428
Persons aged 65 or over	130
Number included in age 65 or over who were visited at the special request of a G.P. or hospital	88
Number of tuberculous households visited	8

In addition to routine home visits and supervision of clinics the health visitors also reported on the domestic circumstances of -

(a) old people for whom geriatric hospital accommodation was sought.

(b) expectant mothers for whom hospital confinement was indicated on social grounds.

Hearing

The health visitors are all trained in the screening of young children for deafness. All children suspected of having defective hearing were referred to the family doctor.

Phenylketonuria

Routine testing of urine of babies was carried out by the health visitors.

VACCINATION AND IMMUNISATION

Smallpox Vaccination

Number of persons vaccinated (or re-vaccinated) during the year 1969

Age at date of vaccination	Under 1	1	2-4	5-15	Total
Number vaccinated	2	57	105	41	198
Number re-vaccinated	-	-	13	55	68

Diphtheria/Tetanus Immunisation

	Children born in years:-						
	1969	1968	1967	1966	1962-1965	Others Under Age 16	Total
A. Number of children who completed a full course of primary immunisation	99	214	80	24	44	23	484
B. Number of children who received a secondary (reinforcing) injection	1	13	33	2	214	52	315

Whooping Cough Immunisation

Number of children who have completed a primary course (normally 3 injections of pertussis vaccine (singly or in combination) during the year ended 31st December 1969						
1969	1968	1967	1966	1962-65	Others Under Age 16	Total
99	213	80	23	24	2	441

POLIOMYELITIS VACCINATION

Year ended 31st December 1969

Age Group	PRIMARY IMMUNISATION	REINFORCING DOSES
Children born in 1969	83	1
Children born in 1968	255	11
Children born in 1967	98	15
Children born in 1966	32	4
Children born in years 1962-65	35	230
Others under age 16	27	73
Total	530	334

TUBERCULOSIS

The Superintendent Nursing Officer visited homes of notified cases of tuberculosis, arranged for examination of contacts by the Chest Physician and reported on home conditions. She also attended the chest clinics at Melton Mowbray and Stamford Hospitals for case consultations with the Chest Physicians on matters affecting the patients' families.

B.C.G. Vaccination	Contact Scheme	School Children Scheme
Number skin tested	14	973
Number found positive	3	93
Number found negative	11	813
Number vaccinated	11	813

The skin testing of contacts is normally carried out by the Superintendent Nursing Officer; where the test shows the need for B.C.G. vaccination this is performed at a Chest Clinic.

AMBULANCE SERVICE 1969

Statistics

It will be seen from the statistical table that there was a slight increase in the number of patients carried and a slight decrease in the mileage covered by the vehicles. This can be attributed to many more local "day patients" being taken ahorter distances.

Vehicles

A Dennis D.B.4 ambulance built with the recommendations of the Millar Report in mind, was purchased during the year.

Garage accommodation for the vehicle for the physically handicapped was agreed upon and work commenced on an additional bay at the ambulance station to provide the additional garage space. This new bay will also be equipped for servicing the vehicles.

Training Centre Transport

The demand for daily transport increased with the opening of the Special Care Unit and the acceptance of some physically handicapped persons at the County Training Centre.

Peterborough District Hospital

The result of the policy of transferring certain out-patient clinics from the Stamford and Rutland Hospital to the Peterborough District Hospital, and the closure of the casualty department after 6 p.m. at the Stamford and Rutland Hospital was felt much more than in the previous year.

Major Accidents

Major accidents are defined as those where the number of casualties to be taken to hospital is greater than can be dealt with by the local services.

Meetings were held with the Police and neighbouring Ambulance Services and arrangements for dealing with major accidents were reviewed and brought up to date.

Circular NM 192A

This circular incorporated an agreement for a revised wage structure with pay relating to standard of training, range of duties and experience. All the ambulancemen were assessed as competent over the whole range of duties, and thereby qualified for the top rate of pay, with one exception, who as a new entrant was booked to attend a six weeks Interim Course.

AMBULANCE SERVICE

Year	Directly Controlled Service						Agency Service			
	Ambulances		Cars		Total		St. Johns Ambulance Brigade & Kesteven C.C.			
							Ambulances		Sitting case vehicles	
	Mileage	Patients	Mileage	Patients	Mileage	Patients	Mileage	Patients	Mileage	Patients
1955	58,140	4,658	61,171	4,000	119,311	8,658	2,675	222	8,907	642
1956	68,313	5,423	43,072	3,127	111,385	8,550	2,970	248	6,791	495
1957	73,533	6,176	42,707	2,793	116,240	8,969	6,944	562	3,894	361
1958	72,630	5,941	30,982	2,256	103,612	8,197	10,141	987	7,843	614
1959	63,173	6,027	44,197	3,621	107,370	9,648	10,287	973	7,325	505
1960	73,673	7,362	41,290	3,373	114,963	11,410	8,358	817	5,181	407
1961	82,058	8,257	47,893	4,006	129,951	12,263	8,422	996	4,809	519
1962	91,121	9,334	40,196	3,771	131,317	13,105	8,664	960	5,175	659
1963	102,402	9,855	33,727	2,860	136,129	12,715	7,695	1,033	4,984	438
1964	101,701	10,094	36,519	3,451	138,220	13,545	8,332	1,112	9,452	765
1965	108,167	11,201	37,299	2,871	145,466	14,072	7,086	949	8,521	908
1966	129,411	11,631	51,103	3,769	180,514	15,400	5,203	563	8,823	997
1967	132,716	16,508	42,349	2,198	175,065	18,706	4,758	572	9,961	987
1968	153,953	17,685	51,697	4,816	205,650	22,501	5,527	851	8,743	1,143
1969	155,441	17,565	43,182	6,147	198,623	23,712	7,851	1,053	6,949	914

HEALTH EDUCATION

Although no Health Education Officer is employed every effort is made, through the exhibition of posters and direct contact between the Health Department staff and the general public, to promote health education.

Material for display is distributed to child welfare centres, schools, the School Dental Service and the Schools Meals Service.

CHIROPODY SERVICE

Once again it proved impossible to recruit an additional registered chiropodist and the directly provided service had to be confined to the three clinics served, on a part-time basis, by Miss Farndell. There was, however, an extension of the service provided by voluntary organisations (clubs for the elderly) to which the County Council gave financial support.

	Direct Service	Voluntary Organisations
Persons treated	44	190
Number of treatments	176	871

MEDICAL LOANS SCHEME

Items of equipment to facilitate home nursing continued to be issued in steadily increasing numbers.

Incontinence Pads

These pads are available free of charge through the joint Medical Loans Scheme, and direct from district nurse/midwives.

Training Centre

Purpose built premises situated in Barleythorpe Road, Oakham, were completed early in the year at a cost of £69,500. The adult trainees moved in on 8th April and the juniors on 20th May; a special care unit was opened in November.

Junior training school

Classes comprised:-

Senior	- 7 children aged from 10-15 years.
Junior	- 6 children aged from 4-15 years.
Special Care	- 8 children aged from 15 months to 14 years.

The bright and airy new rooms plus the enhanced facilities for physical exercise have undoubtedly contributed to physical and emotional improvement of the children.

Adult training centre

Twenty-four trainees were attending by the end of the year. This number included three persons accepted because of varying physical handicaps, an experiment which has proved quite successful.

The manager of the centre began a one year course of training for the N.A.M.H. Diploma for Instructors of Adults in September 1969, and in his absence activity has of necessity been confined to routine work. It is pleasing to be able to report that the G.P.O. and local firms continued to support the centre by providing simple repetitive work for the trainees.

The mental welfare officer's work during the year included:-

Visits to subnormals	48
Visits requiring possible admission	60
After-care visits	274
Pre-care visits	283
Miscellaneous - visits to clinics, hospitals, training centres, conferences	333

MENTAL HEALTH ACT 1959

Number of patients referred during year ended 31st December 1969

Referred by	Mentally Ill				Subnormal				Severely Subnormal				
	Under Age 16		16 and over		Under Age 16		16 and over		Under Age 16		16 and over		Total
	M	F	M	F	M	F	M	F	M	F	M	F	
(a) General Practitioners	-	-	36	56	-	-	-	-	-	-	-	-	92
(b) Hospitals, on discharge from in-patient treatment	-	-	8	15	1	-	-	-	-	-	-	-	24
(c) Hospital, after or during out-patient or day treatment	-	-	1	2	-	-	-	-	-	-	-	-	3
(d) Local Education Authorities	-	-	-	-	-	-	-	-	-	-	-	-	-
(e) Police and Courts	-	-	4	1	-	-	1	-	-	-	-	-	6
(f) Other Sources	-	9	18	1	-	-	2	1	-	-	-	-	31

Number of Patients under care at 31.12.69	Mentally Ill				Subnormal				Severely Subnormal			
	Under age 16		16 and over		Under age 16		16 and over		Under age 16		16 and over	
	M	F	M	F	M	F	M	F	M	F	M	F
1 a) Receiving training or occupation in day centre	-	-	4	2	6	5	4	8	2	2	-	-
Awaiting training or occupation in day centre	-	-	-	-	-	-	-	-	-	2	-	1
b) Receiving training or occupation in residential centre	-	-	-	-	-	-	-	-	-	-	-	-
Awaiting training or occupation in residential centre	-	-	-	-	-	-	-	-	-	-	-	-
c) Receiving home training	-	-	-	-	-	-	-	-	-	-	-	-
Awaiting home training	-	-	-	-	-	-	-	-	-	-	-	-
d) Resident in Home/Hostel	-	-	-	1	-	-	2	1	-	-	-	-
Awaiting residence in Home/Hostel	-	-	-	-	-	-	-	-	-	-	-	-
e) Resident at L.A. expense in private residential Home	-	-	-	-	-	-	-	1	-	-	-	-
f) Receiving home visits and not included under (a) or (e)	-	-	-	-	-	-	1	-	-	-	-	2
2 Number of Patients in L.H.A. area on waiting list for admission to hospital at 31.12.69	-	-	-	-	-	-	-	-	-	-	-	-
a) In urgent need of hospital care	-	-	-	-	1	1	-	-	-	1	-	-
b) Not in urgent need of hospital care	-	-	-	-	-	-	-	2	-	-	-	1

HOME HELP SERVICE

Section 29 N.H.S. Act

During the year the total number of households which received "Help" was 202. This figure includes 52 new cases.

Classification of Cases

Aged 65 years and over	165
Chronic Sick and T.B.	17
Psychiatric	4
Maternity	4
Others	12

The number of cases finished during the same period was 58, for the following reasons:-

Moved away	4
Managing	24
Found private help	3
Hospitalised	6
Part III	4
Private Nursing Home	1
Deceased	16

The number of Home Helps and Good Neighbours employed as at 31st December 1969 was:-

Part-time Home Helps	30
Good Neighbours	3

Assessment Scale

In November the financial assessment scale was again amended to conform with the changes in the Ministry of Social Security's revised scale of allowances. In consequence all chargeable cases were visited and financially re-assessed. This resulted in some charges being reduced but the majority remained the same.

Training of Home Helps

The training programme scheduled for Autumn had to be postponed due to the absence from duty of the Home Help Organiser through illness.

Laundry Service

The laundering facilities at the Ambulance Station were again put to good use by the Home Helps during the year.

Co-operation with Home Nursing Service, Doctors and Hospitals

The Home Helps continued to assist the Home Nurses when called upon to do so, i.e. by bed bathing and lifting heavy and/ or handicapped patients.

The practice whereby Home Helps notify the Home Help Organiser of any deterioration in their clients is of immense value in the preventive aspect of our work, enabling the Organiser to call upon other services as necessary, keeping the family doctor informed and in most cases preventing a complete breakdown and probable hospitalisation of a patient.

Home Help Rally 1969

On May 17th, 8 Home Helps and the Home Help Organiser attended a one day conference and rally at Spalding.

Home Help Organisers Weekend School and Conference 1969

The Home Help Organiser attended the Annual Weekend School and Conference at Swansea University on September 18th, 19th and 20th. The theme of the Conference was "Into the 70's".

Finally, the amount of voluntary work done for the householders by the Home Helps should be placed on record. It is not unusual for them to acquire by any lawful means articles of clothing, bedding, furniture etc. for their particular charges - for example - one Home Help seeing some pieces of matting put out for the refuse collector got off her bicycle, obtained permission to remove them from the householder concerned, took them home, repaired and cleaned them, then used them to replace the very threadbare and dangerous mats of one of her elderly patients. Many similar incidents of ingenuity and goodwill by Home Helps could be mentioned.

WELFARE FOODS SERVICE

Welfare foods as issued by the Ministry of Health continued to be distributed at 21 centres throughout the County. This service is administered by the W.R.V.S.

Issues during the year were as follows:-

National Dried Milk Full and Half-Cream	3,575
Cod Liver Oil	284
Vitamin Tablets	388
Orange Juice	6,132

FOOD AND DRUGS ACT 1955

The following is a table giving particulars of the samples taken under the above Act:-

Articles	Formal	Informal
Milk	4	5
Channel Islands Milk	2	1
Beef Curry	-	1
Chicken Curry	-	1
Chow Mein	-	1
Crumble Mix	-	1
Orange Crush	1	-
Pastry Mix	-	1
Tea Cake Mix	-	1
Batter Mix	-	1
Bread Sauce Mix	-	1
Cheese Sauce Mix	-	1
Curry Powder	-	1
Fritter Mix	-	1
Ham Spread	-	1
Low Fat Spread	-	1
Paste	-	2
Soft Drink	-	1
Soup	-	1
Vinegar	-	1
Jelly	2	-
Custard Powder	1	-
Lemon Pie Filling	1	-
Margarine	1	1
Puff Pastry Mix	1	-
Plum Pudding	1	-
Sardine Spread	1	-
Turkey Spread	1	-
Cheese	-	2
Self Raising Flour	-	1

Two samples of milk were found to be deficient in fat. The ordinary milk was 5% deficient and the Channel Islands milk 1% deficient.

A packet of Tea Cake Mix was found to contain insufficient cherries and angelica for the decoration of the cakes.

REGISTRATION OF NURSING HOMES

(Sections 187 to 194. Public Health Act 1936)

	Number of Homes	Number of beds provided for		
		Maternity	Others	Total
Homes first registered during the year	-	-	-	-
Homes on register at the end of the year	3	-	55	55

RURAL WATER SUPPLIES AND SEWERAGE ACTS 1944-65

The following schemes were approved in principle during the year:-

Ketton Rural District Council — Sewerage scheme for Clipsham.

Oakham Rural District Council — Sewerage scheme for Stretton.

HANDICAPPED PERSONS

The following persons were on the register at the end of the year:-

		Children under 16	Persons aged 16	Persons aged 65 and over
Deaf with Speech	Males	-	2	-
	Females	-	-	1
Deaf without Speech	Males	-	1	1
	Females	-	-	1
Hard of Hearing	Males	13	4	2
	Females	8	4	1
Handicapped Persons (General Classes)	Males	17	30	12
	Females	30	25	17
	Total	68	66	35

Aid to the Disabled

Applications for aids and equipment for the disabled were dealt with by the Medical Loans Scheme.

NATIONAL ASSISTANCE ACT 1948

Welfare of Disabled Persons (Section 29 and 30)

The Royal Leicester, Leicestershire and Rutland Institution for the Blind continued to maintain the registers of blind and partially sighted persons in the County and also to provide welfare services for them as agent for the Rutland County Council.

Blind Register

Number of persons on register at 31.12.69. - 49

Partially Sighted Register

Number of persons on register at 31.12.69 - 19

Structural Alterations in Homes of Disabled

The Council co-operated with the Housing Authorities in dealing with requests for structural alterations in the homes of the disabled.

Welfare of the Deaf

The Northants and Rutland Mission to the Deaf are the Council's Agency for the welfare of deaf or partially deaf persons. The Rev. Kenneth Earle pays home visits, arranges lip-reading classes and club activities.

REPORT OF THE SOCIAL WELFARE OFFICER

Total number of visits	1077
Elderly people	663
Disabled people	164
Families	35
Miscellaneous visits	178
Clubs	37

Referrals to -

Ministry of Health & Social Security	2
National Institute for the Blind	5
Home Help Organiser	15
W.R.V.S. Meals on Wheels	5
W.R.V.S. Clothing	32
Medical Loans	36

Clubs

With the opening of the afternoon club in Braunston in August 1969, the number of clubs for the elderly in the County has now increased to twelve.

Holidays

A party of 33 elderly people from Oakham, Uppingham and the villages of Cottesmore, Greetham, Lyddington and Barrowden enjoyed a holiday at Pakefield Holiday Camp, near Lowestoft, 13th-20th September.

Voluntary Service (Youth Groups)

Oakham and Uppingham Schools continue with the voluntary help scheme for the elderly.

Vale of Catmose Village College

During the year 14 year old students attending the Vale of Catmose Village College commenced to visit elderly and disabled persons in the town. The young teenagers make their visits on Wednesday mornings, in order to assist with shopping on Market day.

Disabled Persons Register

The number of disabled persons over 16 years of age registered with the Department has increased to 84.

ANNUAL REPORT 1969

SCHOOL HEALTH SERVICE

I have the honour to present the Annual Report of the School Health Service for 1969.

Although this is mainly statistical and self explanatory there are several items worthy of comment. The health of the school children in Rutland continues to be satisfactory. No child seen at school medical inspection was considered to be in an unsatisfactory state of nutrition.

The pattern of school medical inspection remained unaltered with routine examination of all entrants and school leavers, the remaining age groups being examined on a selective basis.

Defects of vision constituted the most common abnormality found in school children. Of some 1,808 children tested by the school nurse no less than 23% were found to have defects of vision and nearly 8% required spectacles.

During 1969 an Orthoptic Clinic was established in the County Offices. This is now held fortnightly and is a great advantage to parents who hitherto had to travel to Leicester or Stamford. It also reduces very slightly the load on the Ambulance and Hospital Car Services.

Routine tuberculin testing and B.C.G. vaccination of susceptibles was offered to secondary school entrants and this year both Oakham and Uppingham Public Schools participated in the scheme. Those children with markedly positive reactions were x-rayed and all found to be healthy.

I would like to take this opportunity to thank the Chairman and Members of the Committee, the Chief Education Officer and all members of staff of Rutland schools for their help and co-operation throughout the year.

R. A. MATTHEWS

Principal School Medical Officer

E D U C A T I O N _ C O M M I T T E E

Report of the Principal School Medical Officer for the year

1 9 6 9

Number of pupils on registers of maintained and assisted Primary and Secondary Schools 4,379

Number of Primary Schools 26

Number of Secondary Schools, Village Colleges and High Schools 4

Medical Inspections

The age groups subjected to periodic medical inspections are prescribed in the Handicapped Pupils and Special Health Service Regulation 1948.

Number of children examined during the year

Age groups inspected (year of birth)	No. of pupils inspected	Pupils found to require treatment		
		For defective vision excluding squint	For any other condition	Total individual pupils
1965 & later	8	-	-	-
1964	188	3	2	5
1963	280	7	5	11
1962	226	3	7	8
1961	101	3	4	6
1960	48	3	1	4
1959	25	1	1	2
1958	17	-	1	1
1957	16	-	-	-
1956	12	2	-	2
1955	11	1	-	1
1954 & earlier	181	12	12	22
	1,113	35	33	62

Treatment of Defects

The total number of children who received operative treatment for the removal of tonsils and adenoids was 99.

8 children known to have minor orthopaedic defects were referred to the Out-patients Departments of Leicester and Stamford Hospitals.

TABLE OF DEFECTS

Defects found by medical inspections during 1969

Defect or Disease	Routine Inspections		Special Inspections	
	Requiring Treatment	Requiring Observation	Requiring Treatment	Requiring Observation
Skin	1	10	-	-
Eyes (a) Vision	37	38	1	-
(b) Squint	20	5	1	-
(c) Other	-	1	-	-
Ears (a) Hearing	1	55	-	2
(b) Otitis Media	1	3	-	-
(c) Other	-	1	-	-
Nose and Throat	4	15	-	-
Speech	7	7	-	-
Lymphatic Glands	-	1	-	-
Heart	-	4	-	-
Lungs	-	11	-	-
Developmental:-				
(a) Hernia	-	3	-	-
(b) Other	2	26	-	-
Orthopaedic:-				
(a) Posture	1	10	-	-
(b) Feet	2	18	-	1
(c) Other	-	6	-	-
Nervous System:-				
(a) Epilepsy	-	1	-	1
(b) Other	-	3	-	-
Psychological:-				
(a) Development	-	10	-	1
(b) Stability	-	8	-	-
Abdomen	-	2	-	-
Other	-	5	-	-

SPEECH THERAPY

Mrs. T.D.F. Randall holds 3 sessions each week at her clinic at the County Offices. Sessions were held each Monday morning, Wednesday morning and afternoon during the school term.

No. of sessions	92 approx.
No. of attendances	408
No. of discharges	16
Left area	7

Classification of Cases:-

Stammerers	7
Dyslalics	32
Alalics	-
Cleft Palates	3
Hyper-rhinolalias	-
Patients with lisps	1
Developmental aphasia	1
Developmental dysarthria	1
Patients suffering from deafness	1
Unclassified	-
Clutterers	-
Very mixed defects	-
Slow to develop speech	11

CHILD GUIDANCE

The Child Guidance Services of the Leicestershire and Kesteven Education Authorities are available to Rutland children by arrangement - villages east of a line including Market Overton, Cottesmore, Exton, Edith Weston and Morcott being served by Kesteven (clinics at Bourne and Grantham) and the remainder of the County by Leicestershire (with clinics at Melton and Leicester).

No. of cases treated at Kesteven and Leicestershire clinics - 51

MILK IN SCHOOLS SCHEME

The designation of milk supplied to schools was as follows:-

Pasteurised	29
T.T. Tested	1

PREVENTION OF TUBERCULOSIS

Circular letters explaining B.C.G. vaccination and incorporating consent forms were sent to the parents of all children on entry to the secondary modern and grammar schools. In addition, for the first time this service was accepted at Oakham Public School.

A preliminary test to ascertain the susceptible children was done and the tubercular negative children were later vaccinated. Children found to be strongly tubercular positive were x-rayed to exclude the possibility of a latent tubercular infection.

School	Tested	Read	Positive	Vaccinated
Casterton Village College	80	77	-	77
Rutland High School	71	70	16	53
Uppingham Village College	59	56	3	53
Vale of Catmose Village College	107	97	13	84
Uppingham School	122	120	9	111
Oakham School	506	461	45	416
Stamford Boys School	21	18	6	12
Stamford Girls High School	7	7	1	6

Of 93 positive reactors enquiries showed that 73 had received B.C.G. vaccination at an earlier age.

Chest x-ray of the positive reactors showed that all were free from lung disease.

EYE SERVICE FOR SCHOOL CHILDREN

The school nurse tested the visual acuity of 1808 children and those in the 10 - 11 age group were tested for colour vision.

Eye Disease, Defective Vision and Squint

	Number of cases dealt with
External and other, excluding errors of refraction and squint	-
Errors of refraction (including squint)	421
Total	421
Number of pupils for whom spectacles were prescribed	141

Dr. N.S. Batheja, D.O.M.S., the Assistant Ophthalmologist appointed by the Sheffield Regional Hospital Board for the Leicester Royal Infirmary and associated clinics held 36 refraction clinics at the County Offices, Oakham.

CHILDREN WITH IMPAIRED HEARING

Routine audiometric testing of school entrants was continued during the year. The school nurse carried out routine tests in the primary schools using an Amplivox (Model 51) pure tone transistor audiometer.

The services of the Leicestershire Education Authority's peripatetic teacher of the deaf are available to Rutland children by arrangement. During the year 23 partially deaf children were visited in their homes and in school.

ORTHOPTIC CLINIC

Miss M.E. Bacon, the orthoptist, commenced her work at the County Offices on 25th April, 1969. The clinic is held every fortnight on a Friday and during 1969 there were 17 clinics with a total of 233 attendances.

INFESTATION WITH VERMIN

Total number of examinations in the schools by the school nurse	2,506
Total number of pupils found to be infested	17
Total number of individual pupils in respect of whom cleansing notices were issued (Section 54 (2), Education Act, 1944)	Nil
Total number of individual pupils in respect of whom cleansing orders were issued (Section 54 (3), Education Act, 1944)	Nil

The school nurse makes routine visits to each school every term and special visits at the request of head teachers. Assistance is given by the N.S.P.C.C. inspector in visiting homes of persistent offenders and urging treatment.

The school nurse paid 155 home visits during the year.

HANDICAPPED PUPILS AT SPECIAL SCHOOLS

BLIND

There are no blind children in Special Schools.

PARTIALLY SIGHTED

1 Boy	(28. 2.59)	West of England School for Partially Sighted, Exeter.
1 Boy	(11. 9.55)	Exhall Grange, Coventry.
1 Girl	(20.10.62)	Sunshine House, Leamington Spa.

PARTIALLY HEARING

1 Girl	(28. 9.63)	Caverstead Road Nursery School, Peterborough (day pupil).
1 Boy	(23.10.61)	Wainwright House Nursery School, Cheadle Hume, (Royal Residential School for the Deaf).

PHYSICALLY HANDICAPPED

1 Girl	(1. 2.63)	Wilfred Pickles School, Tixover Grange, (day pupil).
1 Boy	(4. 9.59)	Wilfred Pickles School, Tixover Grange, (day pupil).
1 Girl	(30.11.54)	Thieves Wood School, Mansfield.

MALADJUSTED

2 Boys	(18. 7.57) (16. 6.56)	Newnham House, Newnham-on-Severn, Worcestershire.
1 Girl	(25. 2.54)	Homestead Hostel, Melton Mowbray.

DEAF

There are no deaf children in Special Schools.

EPILEPTIC

There are no epileptic children in Special Schools.

EDUCATIONALLY SUB-NORMAL

1 Girl	(10.12.55)	Lankhills, Winchester, Hants.
1 Boy	(2. 3.56)	Stubton Hall School, Kesteven.
1 Boy	(1. 2.55)	Beacon School, Litchfield.
4 Boys	(1. 7.53)	Maplewell Hall, Leicestershire.
	(29. 3.57)	
	(14.11.56)	
	(28. 5.54)	
3 Girls	(27. 8.55)	Orton Hall School, Orton Longueville.
	(16. 9.54)	
	(21. 7.59)	
1 Girl	(18. 4.55)	Seacroft Residential School, Skegness.

MEDICAL EXAMINATIONS OF TEACHERS AND STUDENTS

35 candidates for admission to Teacher's Training College, and 1 teacher were examined.

ANNUAL REPORT OF THE PRINCIPAL SCHOOL DENTAL OFFICER

FOR 1969

Work has progressed steadily with little change in pattern. There is more than enough to be done each day in inspecting schoolchildren and looking after those who accept the service offered.

Dental health education has had to be confined to the chairside, the waiting room and to what can be taught in the time available at school inspections. Today there are few parents who do not understand the problem facing the profession with regard to the prevalent caries of temporary teeth. So many of the parents, though, will not take the trouble to help in solving it or to set the necessary example themselves by regular brushing of their own teeth and rinsing the mouth after meals. We exhort young mothers to try to cultivate in their children a preference for things savoury rather than sweet but few appear to take this advice and put it into practice.

The number of children inspected during 1969 was 3,712 and 288 were re-inspected. Inspection two or three times a year is conscientiously sought by parents for their children and by the older children themselves. Realising the restrictions on our time, we nevertheless appreciate that it would undermine confidence in all the professional advice given if we did not try to give these children appointments. Fewer children re-inspected this year required treatment compared with those children re-inspected during 1968.

Pupils and trainees at the new Junior and Adult Training Centres were inspected, treatment being offered to those at the Junior Training Centre and advice given concerning treatment to the adults.

The sixty spastic children at Tixover Grange were inspected and treatment given to the urgent cases.

There has been a 38% increase in the number of children who have had to have emergency treatment. This is to be understood considering the longer time it is now taking to go round the schools owing to increased numbers of pupils.

It has become necessary to draw the attention of the school staffs and the parents to the fact that the keeping of a dental appointment must come before social activities. These activities in the schools have increased year by year and they can, if allowed, be a hindrance to the work of the school dental service.

Orthodontics

Mr. Parker, our consultant orthodontist, still makes time for his monthly session in the clinic here. This is invaluable to us and work under his supervision progresses smoothly and efficiently.

Maternity and Child Welfare

We try to give three sessions a month to the maternity and child welfare work. Unfortunately, the work requiring to be done amongst the pre-school children is virtually untapped.

Holiday arrangements this year were not as satisfactory as in 1968. Two possible locums were contacted but would not accept the terms offered. The holiday period had to be divided so that the clinic was not left without a dental surgeon longer than ten days at any one time. In a department where the work is essentially practical and many of the community are dependent upon it, it is important that the service is maintained over a holiday period.

Arrangements were made in September with R.A.F. Strike Command for the dental officer at North Luffenham to give two evening sessions of two hours a week to the county dental service. We are singularly fortunate in having the services of so helpful and so efficient a colleague as Flt. Lt. Eaton.

We, in the surgery, and the parents and patients appreciate the appointment of Mrs. Hollis as our full-time receptionist.

As in any department difficulties are part of the day's work not only in the administration of the service but by the very nature of our work. Miss Mann, my surgery assistant, and I are therefore all the more grateful every year for the consistent help we receive in so many ways.

DENTAL INSPECTION AND TREATMENT

ATTENDANCES AND TREATMENT	AGES 5 to 9	AGES 10 to 14	AGES 15 and over	TOTAL
First visit	627	552	103	1,282
Subsequent visits	525	771	149	1,445
Total visits	1,152	1,323	252	2,727
Additional courses of treatment commenced	8	34	3	45
Fillings in permanent teeth	250	814	223	1,287
Fillings in deciduous teeth	402	24	-	426
Permanent teeth filled	250	808	221	1,279
Deciduous teeth filled	402	24	-	426
Permanent teeth extracted	23	122	22	167
Deciduous teeth extracted	531	165	-	696
General anaesthetics	173	54	9	236
Emergencies	123	38	8	169
Number of pupils x-rayed				63
Prophylaxis				85
Teeth otherwise conserved				11
Number of teeth root filled				2
Inlays				-
Crowns				5
Courses of treatment completed				1,091

ORTHODONTICS

New cases commenced during year	42
Cases completed during year	25
Cases discontinued during year	6
No. of removable appliances fitted	45
No. of fixed appliances fitted	-
Pupils referred to Hospital Consultant	15

DENTAL INSPECTION AND TREATMENT (cont'd)

PROSTHETICS	AGES 5 to 9	AGES 10 to 14	AGES 15 and over	TOTAL
Pupils supplied with F.U. or F.L. (first time)	-	1	-	1
Pupils supplied with other dentures (first time)	-	3	-	3
Number of dentures supplied	-	4	-	4

ANAESTHETICS

General anaesthetics administered by Dental Officer	-

INSPECTIONS

(a)	First inspection at school. Number of pupils	3,400
(b)	First inspection at clinic. Number of pupils	334
	Number of (a) + (b) found to require treatment	1,957
	Number of (a) + (b) offered treatment	1,780
(c)	Pupils re-inspected at school clinic	288
	Number of (c) found to require treatment	158

SESSIONS

Sessions devoted to treatment	372
Sessions devoted to inspection	39
Sessions devoted to dental health education	-

ANNUAL REPORT

OF THE

SENIOR EDUCATIONAL PSYCHOLOGIST

We have pleasure in recording the appointment of the second Consultant Children's Psychiatrist, Dr. K.D. Hopkirk, who took up his duties on July 28th 1969. Dr. Hopkirk came to us after holding a Consultant Children's Psychiatrist's post for three years in the Doncaster and Rotherham area of the Sheffield Region. Although his appointment has meant only an extra 1½ sessions of psychiatric time to the total of Leicestershire and Rutland Local Authority services, Dr. Hopkirk has taken over Rutland as his particular area.

In September a new Psychiatric Social Worker, Miss M. Rayward, was appointed and it is anticipated that she will be working with some of the Rutland cases in the future. Miss Rayward was appointed in place of the part-time Psychiatric Social Worker, Mrs. P.A. George, who never in fact worked in Rutland because of the sessional nature of her appointment.

1969 showed the ever increasing demand for the services of the clinic continuing the upward rise reported in 1968. The total referrals both educational and psychiatric rose to 43 compared to 33 in the preceding year. The vast majority of children so referred were seen in school by Mr. Todd or Mr. Gillham. It will be recalled that after Mr. Gillham's appointment in 1967 Mr. Todd assumed responsibility for the secondary modern and grammar schools, in other words, the senior pupils, and Mr. Gillham for primary school children. In 1969, 23 of the total number of cases referred were seen by Mr. Gillham and 15 senior school children, 13 from secondary modern and 2 from grammar schools, were seen by Mr. Todd. In addition 5 pupils from private schools were also seen.

In the following, table II shows the age distribution of the children referred to the clinic and illustrates the well known fact that there are more boys referred than girls. The peak age group this year was at 9 years with 6 boys and 2 girls.

Table IV (a) shows the break-down of the types of problems dealt with and it will be seen that the majority were educational problems and that of the remainder 7 were classed as reactive, that is to say, essentially normal children reacting to unfavourable circumstances around them.

Table IV (b) gives an indication of how the problems were dealt with. In the 36 of the children referred, advice given to the referring agency and to schools was adequate to help the problem. In 3 cases the Psychiatrist's opinion was sought in addition. In 5 the Psychologists assumed the responsibility of further follow-up and in one case only was psychotherapy (treatment) considered appropriate. It will be seen that in 6 cases that recommendation for observation and survey was recorded. More than one recommendation may be made on a single case which explains why the simple total of the recommendations gives a figure of 51, that is 8 more than the cases referred.

No. of new referrals	43
No. of children seen in school by Educational Psychologists	39
No. of home and clinic visits by P.S.W.s (Miss J. Sutcliffe and Miss K. Tauber)	40
No. of new cases seen by Consultant Children's Psychiatrist	4

Table II

Total number of children referred in each age group:-

	5	6	7	8	9	10	11	12	13	14	15	16	17	Total
Boys	-	2	3	3	6	3	1	3	4	-	1	1	1	28
Girls	1	3	2	1	2	-	1	1	1	2	1	-	-	15

TABLE III

Source of referral:-

School	19
Principal School Medical Officer	13
General Practitioners	2
Hospitals	1
Parents	4
Chief Education Officer	3
Other Authority	1

TABLE IV (a)

Type of Problem:-

Diagnosis

1)	Neurotic	-
2)	Reactive	7
3)	Social	3
4)	School Phobia	1
5)	Organic	-
6)	Psychotic	
	a) Childhood Psychosis	-
	b) Early Schizophrenia	-
7)	Attempted suicide	-
8)	Psychosomatic	-
9)	Court Report	1
10)	Subnormality	-
11)	Educational	31

TABLE IV (b)

Recommendation:-

a)	Treatment	1
b)	Observation and Survey	6
c)	Transfer to hostel	-
d)	Transfer to hospital	-
e)	Advice given	36
f)	Refer to School Psychological Service	5
g)	Refer to Child Guidance Clinic	3
h)	Remedial Teaching	-
i)	Remedial teaching survey	-
j)	Refer to other agencies	-
k)	E.S.N. School	-
l)	Special class	-

TABLE V

Type of School:-

Primary) Junior)	23
Secondary Modern	13
Grammar	2
Private	5